SASKATOON metro®

NEWS WORTH SHARING.

Jeers & loathing

Heckling and icy stares greet the head of the railway company at the centre of the disaster in Lac-Mégantic as he arrives on the scene PAGE 4

Wonderland in the park

A local theatre's al fresco take on the Lewis Carroll classic puts Alice in present-day Saskatoon PAGE 10

FAMILIAR FACES FOR FOLEY

THEN AN ARGO, NOW A RIDER: RICKY FOLEY GEARS UP FOR AN EMOTIONAL RETURN TO TORONTO PAGE 14

Doug's SPOKE N SPORT

DISC GOLF

So much fun, wow!

Grosvenor Park Mall - 8th Street E

306-373-4224

spokensport.com

MAKE SOME NOISE FOR DEPOT'S NEW TOP COP

Hundreds of RCMP officers and cadets march at Regina's parade square on Wednesday as part of a ceremony to mark a Depot Division change of command. Chief Supt. Louise Lafrance officially became the Depot commanding officer, replacing outgoing Roger Brown. Story, page 2. ROSS ROMANIUK/METRO IN REGINA

Probe underway after fatal shooting involving police

Prince Albert. Man killed by officers was holding a knife, city's police chief says

ROSS ROMANIUK
Metro in Regina

Authorities are investigating after officers with the Prince Albert city police shot and killed a man allegedly holding a knife, Tuesday night.

Two officers discharged their firearms at the 27-year-old man at a residential complex in Prince Albert at about 9 p.m., city police Chief Troy Cooper confirmed on Wednesday.

"The male was escorted to Victoria Hospital for treatment; however, he was pronounced deceased" shortly before 11 p.m., Cooper said in a prepared statement, without releasing the name of the man who was killed.

The confrontation came after the officers responded in separate vehicles to an assault call at the home on the 2900 block of 5A Avenue East — one of two calls to police that night about an assault or fights that Cooper said are "believed to be related."

The man "armed with a knife" confronted the officers, Cooper said.

"At this time," he added, "we believe that both officers discharged their firearms."

A probe into the shooting is underway while the two officers involved are on regularly scheduled days off work. Cooper said the officers, who were not injured in the incident, "will be assisting investigators and meeting with health professionals" in the coming days.

"Their assignment status will be determined once more information is available to us," the chief said.

"During this thorough investigation, an independent observer appointed by the Ministry of Justice will act as oversight and he will report to the deputy minister. In addition to the oversight report, we will review the results of the investigation with consideration to legislative authority policy and training."

He noted that "all potential" witnesses will be interviewed as part of the investigation, as well as medical staff.

Cooper added that he has "complete confidence in this process as it includes family members, provides independent oversight and determines exactly what has occurred."

A further mandatory and independent review will take place later through the coroner's office.

The chief said he's unable to answer media questions on the incident "out of respect for the integrity of this significant investigation and a well-defined investigative process."

WHEATON GMC•BUICK•CADILLAC

The Cadillac of Dealers

GMC LOWEST PRICES OF THE SEASON

SUMMER SELLDOWN UP TO $10,000 IN INCENTIVES

+

0% FOR UP TO 84 MONTHS ON SELECT MODELS

BRAND NEW 2013 GMC SIERRAS

Now From $21,490 CASH (based on Regular Cab Model)

Own For Only $127 Bi-weekly 84 months – 0.99% Lease for only $364 + tax 48 Months – 4.9%

5 year/160,000 km Power Train Warranty

306.244.8131 | 2102 MILLAR AVENUE WWW.WHEATONSASKATOON.COM

Alberta

Drivers warned to watch for flood-damaged used cars

Saskatchewan drivers who are thinking of buying a vehicle from Alberta are being warned to watch out for flood damage.

Saskatchewan Government Insurance says many flood-damaged vehicles can't be registered for use in Saskatchewan or in any other Canadian province.

But SGI says there might be a delay in the identification of flood-damaged vehicles by insurers because of the extent of the flooding.

Water can cause serious electrical and structural damage to a vehicle, and toxic contamination due to untreated waste and mould are also concerns.

SGI says not to rely solely on an inspection because the effects of flood damage may not be readily apparent.

It says people should look for signs of water damage, check under the hood for signs of water or silt and test electrical systems such as lights, turn signals and gauges. THE CANADIAN PRESS

6th out of 17 cities

Saskatoon home prices continue rise

Saskatoon has some of the highest housing prices in Canada.

According to a new survey from Royal LePage, the average price of a detached bungalow was $369,250 during the second quarter of this year, an increase of 5.2 per cent from the same period last year. That is the sixth-highest price for a bungalow in the 17 cities in the survey.

By comparison, a bungalow in Edmonton went for $347,344, while in Regina, the average was $330,000.

Prices were also up 3.9 per cent for a standard two-storey house to $394,250, seventh-highest in Canada.

THE CANADIAN PRESS/ GLOBAL SASKATOON/CJOB

Slow change at the RCMP

Breaking the glass ceiling. Organization damaged by sexism lawsuits in recent years picks the second-ever woman to head its training centre

ROSS ROMANIUK
Metro in Regina

She wants to keep Saskatchewan's Mountie academy as a leading-edge training centre for other police agencies to follow.

And Louise Lafrance has begun that task by taking command of the Regina-based RCMP Depot Division, becoming the second woman to be appointed to the helm of the national police force's training centre.

Lafrance officially stepped into the position on Wednesday during a change-of-command ceremony at the RCMP's Regina parade square, before hundreds of officers, cadets and spectators.

"It means a lot to me to run this place," Lafrance, a Quebec native and member of the RCMP for nearly 30 years, told reporters after the ceremony in which she took over from outgoing commanding officer Roger Brown.

"We, the women of the RCMP, want to be recognized for what we do — not because we're women. I'm hoping this is why I'm getting this job. And I believe this is why I'm getting this job."

A former director of the Mounties' national recruiting program, she stressed that it's crucial to maintain the Depot Division as a technologically cutting-edge institution.

"We want to remain the state-of-the-art police academy," said Lafrance, the wife of a Mountie staff sergeant and mother of three.

"People from all over the world come here to see how we train our cadets. That said, we need to be ahead of everything. We keep current with everything that's going on in the communities and the policing role, and we adapt to that. We are ahead of many, many organizations as far as simulation training, and I want to continue working on that."

RCMP Commissioner Bob Paulson said there's "no significance" to appointing a woman, stressing it was a matter of finding the right person to command "the breadbasket of the force" where cadets learn the ropes.

"But from an organizational point of view, obviously, we benefit from having women in key roles," Paulson said.

"Women bring the women's view to what has traditionally been a man's occupation in policing. We have commanding officers across this country, and we'll have more in the near future who are women."

Commanding officer Louise Lafrance says she'll strive to maintain the RCMP's Regina-based Depot Division as a "state-of-the-art" training centre. ROSS ROMANIUK/METRO

Cheers! Beer-batter pancakes for charity

A volunteer holds up pitchers being used for beer-pancake batter for the week-long charity breakfast event. ALYSSA MCDONALD/METRO

Having beer for breakfast is just one way that thousands of Saskatonians are helping out a good cause.

More than 600 people showed up on Wednesday for the daily, week-long annual pancake breakfast held at Great Western Brewing Company, and more than 8,000 people will have enjoyed the beer-batter pancakes by the end of the week to benefit STARS Air Ambulance.

"It wouldn't be a great event at Great Western Brewing if there wasn't some beer involved," company president Michael Micovcin said.

The breakfast, which originally started as an invitation-only meal 23 years ago, is now an annual community event in which one of the three sponsors — Great Western Brewing, Maple Leaf Foods and matching sponsor PotashCorp. — choose a charity to benefit each year.

Last year, the event raised almost $36,000, and Micovcin said with the nice weather this might be a record year.

"With help from Mother Nature and some good awareness, hopefully we will exceed that this year," he said.

All the money raised will go to STARS in Saskatchewan, whose $21 million yearly budget is half government-funded and half raised funds.

"We would like to surpass (last year's total)," said Kimberly Goodwin, development officer at STARS Foundation.

"What that means to our community and our service — that's basically seven missions, so seven lives that we could save with that money."

Stop by the brewing company until Friday from 7 to 10 a.m. to enjoy a warm breakfast for $5 and some cold beer mixed with Clamato.

"They affectionately call it a red eye," Micovcin said. "It's a good way to start the day (or) clear up some red eyes from the night before."

ALYSSA MCDONALD/METRO

FFUN >> Kia of Saskatoon 730 Brand Road | 306.659.6000 | kiaofsaskatoon.com
FREE 42" Plasma TV
with purchase of any pre-owned vehicle at KIA of Saskatoon!
IT'S BACK!
But it ENDS SATURDAY!
*see dealer for details

Muslims worldwide pray for Mideast peace at Ramadan

Syria. Families caught in the crossfire struggle to eat as prices soar and violence persists

As the Muslim holy month of Ramadan began Wednesday, many Syrians who observe the daily dawn-to-dusk fast that is broken with lavish family meals are struggling to find the usually festive mood and holiday warmth as the country's bloody conflict rages for a third year.

In one rebel-held city, residents have resorted to begging for crumbs at a local soup kitchen, while in a refugee camp on the Jordanian border, Syrians hounded by the desert heat and dust break their fast separated from relatives back home.

Reflecting the deprivation brought on by the war, the UN food agency said that seven million people were now reliant on food aid simply to eat. The fighting that has destroyed much of the country, combined with prices that have soared in recent months, have left many Syrians struggling to get by.

"People come by the kitchen just begging for scraps, it tears the heart," said an activist in the rebel-held northern Syrian city of Maarat al-Numan.

He said activists were using a communal kitchen to distribute a Ramadan evening meal to some 400 of the city's neediest families. THE ASSOCIATED PRESS

Holy month

Ramadan is traditionally a time of reflection and prayer, and Muslims are expected to abstain during daylight hours from food, drink, smoking and sex to focus on spirituality, good deeds and charity.

- The fast presents a physical and spiritual challenge every year, but particularly during harsh Mideast summers when temperatures soar in some places to 50 C.

Worshippers eat during Iftar, or breaking of the fast, at the Grand Mosque in the holy Muslim city of Mecca, Saudi Arabia, Wednesday. Many devout Muslims in the Middle East have started observing the dawn-to-dusk fast for the month of Ramadan as the region is rocked by Egypt's turmoil and the relentless civil war in Syria. For most Sunnis and Shiites, Ramadan started on Wednesday, while others are expected to begin observing on Thursday. HADI MIZBAN/THE ASSOCIATED PRESS

China

Several buried, dead after flooding

Flooding in western China, the worst in 50 years for some areas, triggered a landslide Wednesday that buried about 30 people, trapped hundreds in a highway tunnel and destroyed a high-profile memorial to a devastating 2008 earthquake.

Meanwhile, to the northeast, at least 12 workers were killed when a violent rainstorm caused the collapse of an unfinished coal mine workshop they were building, said a statement from the city government of Jinzhong, where the accident occurred. The accident Tuesday night came amid heavy rain and high winds across northern China, including Beijing. THE ASSOCIATED PRESS

Residents are evacuated in China's Sichuan province. THE ASSOCIATED PRESS

South Korea

K-pop star Rain dances out of army

South Korean pop sensation Rain is out of the military.

Under cloudy skies Wednesday, Rain fired off a crisp salute and thanked a large crowd of mostly media and women who'd gathered to commemorate his discharge after 21 months of mandatory service.

The fans held signs reading in Korean and English: "We waited for you" and "Rain's coming." One Japanese fan said she'd been waiting for more than a day to see the "entertainment soldier."

The 31-year-old served in an army unit that provides TV and radio programming that promotes the military. THE ASSOCIATED PRESS

Actor and singer Rain salutes to his fans. THE ASSOCIATED PRESS

OUTTABOUNDS
CORNER OF AVE B+22ND
MŌMENTUM®
8TH STREET • ATTRIDGE DR
MORE SHADES THAN CRAYOLA
FROM THE FEET UP.CA

CEO called a 'murderer'

Lac-Mégantic disaster. Railway chief receives nothing but venom after coming to town

Jeers and icy stares greeted the head of a railway company as he arrived Wednesday with a police escort to visit the small Quebec community shattered by disaster.

Lac-Mégantic resident Raymond Lafontaine, whose son and two daughters-in-law are among the 50 missing, couldn't conceal his anger.

"I wanted to see my children's murderer," Lafontaine said. "And I wanted to see the murderer of other people from here who didn't ask to die."

Lafontaine said he's been contacted by people offering to pay cash to use his equipment to have the train tracks ripped from the ground.

Ed Burkhardt's arrival in Lac-Mégantic was a hot topic among residents, but only a dozen or so gathered to watch the president of the Chicago-based Rail World Inc. as he was cornered by reporters.

One man blamed the modest turnout on Burkhardt, accusing him of slinking in the shadows to avoid facing a potentially angry crowd.

"When someone's guilty, they hide," said Bruno Huot.

What residents lacked in numbers, they made up in indignation, with some hurling insults at the man they held responsible for the loss of their homes and loved ones.

Burkhardt's comments at the news scrum, held in the middle of a street, were at times drowned out by hecklers.

Among them was Huot, who shouted a string of swear words and called Burkhardt a murderer.

One onlooker demanded that he visit the site that used to be Lac-Mégantic's downtown.

The railway boss explained that he'd stayed in Chicago to deal with the crisis from his office, where he was better able to communicate with insurers, the media and officials in different places during what he described as 20-hour work days.

His apparent contrition seemed to fall on deaf ears.

"It actually makes us more angry that he's here because I think he's shameless," said teenager Alyssia Bolduc.

THE CANADIAN PRESS

CEO's response

"I feel absolutely awful. I am devastated by what's happened."

Rail World Inc. president Ed Burkhardt

Ruin and responsibility

Police set the official death toll to 20 on Wednesday and said another 30 people are missing and most likely dead.

- Rail World Inc. president Ed Burkhardt appeared to change his tune and take responsibility for the disaster, saying the handbrakes might not have been properly applied on the train.
- He promised an energetic response to the crisis, adding the company would partner with the Red Cross, insurers and governments to help fund aid and reconstruction.

A police officer prevents an angry resident from getting at Ed Burkhardt, president of Rail World Inc., who was speaking in Lac-Mégantic, Que., on Wednesday. RYAN REMIORZ/THE CANADIAN PRESS

Lego no-go hits man like ton of tiny bricks

A 63-year-old Windsor, Ont., man and avid Lego fan drove hours to the Vaughan Mills Legoland, only to be told he wasn't allowed in because he didn't have a child.

For years now, John St-Onge has been a big Lego fan. His interest was piqued when he started buying them for his children, and it continued to grow even after they grew up and moved away.

Today, St-Onge has more than 50,000 Lego blocks from more than 72 different sets, all documented and stored away in his home.

"What they do is only limited to your imagination," explains St-Onge.

He decided to make a trip to Legoland with his 30-year-old daughter Nicole on Saturday morning. But after a three-hour drive, the excited pair was told by staff that they wouldn't be allowed to go in without a child present.

Instead, Legoland has a once-a-month "adults night," during which all ages can enter without a child.

John St-Onge with his 2,300-piece "Robie House" Lego set. CONTRIBUTED/NICOLE ST-ONGE

But St-Onge was hopeful they'd make an exception, especially when he only wanted to see one thing.

"I said, 'All I want is to go out and take a picture of the skyline exhibit you have. You can escort me,'" he says.

They asked to speak to the manager, who they were told was too busy to meet them. St-Onge and Nicole drove home empty-handed.

"I didn't argue the point. I'm not going to make a scene," says St-Onge. "But it doesn't make you feel good. It makes you feel like you got a number on your back."

Nicole says the experience was "quite discouraging, quite upsetting, a little bit embarrassing. And my dad, he feels totally discriminated against."

Legoland has since been in contact with the pair. A representative apologized, but says they stand by their policies, which they explained were in place to protect the families that visit. They offered to plan a special day for St-Onge, but Nicole says the details were vague and they weren't sure what the friendly gesture would involve.

"We would love to go back, but it would be at their expense as a guest," she says. "I've already fronted the travel cost once, two free tickets just won't cut it."

PHOEBE HO/FOR METRO IN TORONTO

Bountiful, B.C.

Report filed on alleged sex abuse by polygamists

An RCMP report into possible sexual offences against children at a polygamous commune in southeastern B.C. has now been handed to a special prosecutor.

The Criminal Justice Branch says the Mounties expect to have more information in the coming months about the activities of individuals in Bountiful.

The branch says it will likely be several months before prosecutor Peter Wilson reviews all the documents and makes a final charge assessment about the offences, alleged to have occurred since the 1980s.

Wilson was appointed last year to review any evidence the RCMP collects and to consider charges that could include human trafficking, child exploitation and polygamy.

Two community leaders were charged with polygamy in 2009, but the charges were later thrown out. THE CANADIAN PRESS

Alleged abuse. RCMP did not fail woman who tried to hire hitman: Watchdog

A police watchdog says the RCMP did all it could for a woman who accused her husband of abuse and tried to have him killed, challenging a claim by the Supreme Court that the force ignored her pleas for help.

The Commission for Public Complaints Against the RCMP issued a review Wednesday into how Nova Scotia detachments handled complaints by Nicole Doucet in 2007 and 2008.

Ian McPhail, the commission's interim chairman, said investigators focused on claims that the RCMP didn't do enough to help the woman before she tried to hire a hitman to kill her ex-husband, Michael Ryan.

Doucet was arrested in 2008 when she tried to hire an undercover Mountie to kill Ryan. She said in court proceedings that he had pushed her, squeezed her neck, put guns to her head and threatened to kill her and their young daughter.

Doucet was acquitted in 2010 of counselling to commit murder when the trial judge found she was under duress due to abuse and was not receiving help from police.

Nicole Doucet THE CANADIAN PRESS FILE

She alleged that she sought assistance from police nine times, but was told they wouldn't help because they were deemed civil disputes.

The commission found the RCMP was not provided with enough information to act. The review says Doucet did not report any abuse to the agencies that came in contact with her, including Community Services, undercover police, a psychiatrist and several RCMP officers.

THE CANADIAN PRESS

LAST CHANCE TO SAVE

up to **75**% off*

SUMMER SALE

KNOCK OUT STYLE

EXQUISITE PAPER

TONS OF TOYS

STUNNING HOME

AHH BABY

A-LIST BOOKS

In-store & online

Indigo **Chapters** **indigo.ca**

/chaptersindigo

*Valid on select in-stock merchandise, while quantities last. Not valid on kiosk orders.
Discount percentage, prices and selection may vary between stores and online. Indigo, Chapters and indigo.ca are trade marks of Indigo Books & Music Inc.

Egypt. Muslim Brotherhood leader targeted for arrest

Egypt's military-backed government tightened a crackdown on the Muslim Brotherhood on Wednesday, ordering the arrest of its revered leader in a bid to choke off the group's campaign to reinstate President Mohammed Morsi one week after an army-led coup.

The Brotherhood denounced the warrants for the arrest of Mohammed Badie and nine other leading Islamists for inciting violence Monday that left dozens dead, saying "dictatorship is back" and vowing it will never work with the interim rulers. THE ASSOCIATED PRESS

Morsi's status

Foreign Ministry spokesman Badr Abdel-Atti gave the first official word on Morsi in days, saying the ousted leader is in a safe place and being treated in a "very dignified manner." No charges have been levelled against him, Abdel-Atti said.

Army soldiers, background, defend the Republican Guard building in Cairo on Wednesday. HASSAN AMMAR/THE ASSOCIATED PRESS

Accused Boston Marathon bomber pleads not guilty

Tsarnaev. Heavily guarded courtroom packed with victims, police, media and members of the public

His arm in a cast and his face swollen, a blasé-looking Dzhokhar Tsarnaev pleaded not guilty Wednesday in the Boston Marathon bombing in a seven-minute proceeding that marked his first public appearance since his capture in mid-April.

As victims of the bombing looked on, Tsarnaev, 19, gave a lopsided smile to his sisters upon arriving in the courtroom. He appeared to have a jaw injury and there was swelling around his left eye and cheek.

Then, after he leaned over toward a microphone and said, "Not guilty" over and over, he was led out of the courtroom, making a kissing motion with his lips toward his family as he left. His sister sobbed loudly, resting her head on a woman seated next to her.

He faces 30 federal charges, including using a weapon of mass destruction to kill, and could get the death penalty if prosecutors choose to pursue it.

The April 15 attack killed three people and wounded more than 260. Authorities say Tsarnaev orchestrated the attack along with his older brother, Tamerlan Tsarnaev, who died following a shootout with police three days after the bombing. THE ASSOCIATED PRESS

A U.S. Marshals Service van, believed to be carrying Boston Marathon bombing suspect Dzhokhar Tsarnaev, arrives at the federal courthouse for his arraignment Wednesday in Boston. JOSH REYNOLDS/THE ASSOCIATED PRESS

Quoted

"Just knowing him, it's hard for me to face the fact that he did it."

Hank Alvarez, a high school friend of Dzhokhar Tsarnaev

Online espionage. Nations are hiring cybermercenaries, says U.K. intelligence report

A British intelligence report said Wednesday that other nations are hiring hackers to launch attacks against their enemies, a trend it described as particularly worrying.

The warning over cybermercenaries came in an annual report published by Britain's Intelligence and Security Committee, a watchdog body of senior lawmakers that oversees Britain's spy agencies.

Citing testimony from British eavesdropping agency GCHQ, the report described the mercenaries as "skilled cyber professionals undertaking attacks on diverse targets such as financial institutions and energy companies.

"These groups pose a threat in their own right, but it is the combination of their capability and the objectives of their state backers which makes them of particular concern," it said.

The lawmakers didn't name any specific countries or say how widespread the practice was. The report didn't go into much further detail, but there's long been concern over the proliferation of private companies that profit from developing and distributing offensive software.

The report quoted GCHQ as saying that the electronic threat facing Britain is "at its highest level ever and is expected to rise further still" — a warning that tracks with long-standing trends relating to the growth of cybercrime and increasing official interest in online espionage. THE ASSOCIATED PRESS

Notable omission

- Not covered in the report were allegations published by The Guardian newspaper that GCHQ and its U.S. counterpart, the National Security Agency, were engaged in a global surveillance campaign aimed at securing access to as much of the world's communications as technically possible.

A gluten-free snack, on the double-double

According to Tim Hortons, this new coconut macaroon is the first item in a Canadian fast-food restaurant to get a stamp of approval from the Canadian Celiac Association's gluten-free certification program. The macaroon is a $1.29 meringue-style cookie made with coconut and drizzled with milk chocolate, and is intended for customers with celiac disease and gluten intolerance. TIM HORTONS

First iPad version

Google revamps Maps app

Google is unveiling a new version of its popular Maps app, available now for Android phones and tablets and "coming soon" to iPhones and iPads. It'll be the first time iPad users get a dedicated Google Maps app. The app's design has been significantly streamlined to declutter the screen and get rid of a series of menus that confused some users. THE ASSOCIATED PRESS

Market Minute

DOLLAR 95.08¢ (+0.08¢)

TSX 12,306.93 (+9.84)

OIL $106.52 US (+$2.99)

GOLD $1,247.40 US (+$1.50)

Natural gas: $3.67 US (+1¢)
Dow Jones: 15,291.66 (-8.68)

EAT YOUR PHOBIA FOR BREAKFAST

HE SAYS

John Mazerolle
metronews.ca

Phobias are nothing to fear. Almost everyone has an irrational fear of something, be it snakes or planes or snakes on planes or being trapped in a movie theatre with Samuel L. Jackson or being unable to make pop cultural references fresher than 2006. But I want to assure you that phobias are nothing to be ashamed of.

Why? Because I too have a phobia — lightning. Most phobias — which is Greek for "fears you have that your friends find hilarious" — are well-known, but fortunately so are the best approaches to dealing with them.

Here we pair some of the most common phobias with a few of the more effective treatments:

Spiders. There's an excellent way to feel better about a spider's legs skittering over your exposed neck at night, or its hungry mouth chewing at your bare skin: Remember that according to the Internet the average person eats an average of eight spiders a year as they sleep. So they might be eating you, but you're getting the last laugh — possibly with a spider leg or two flying from your lips as you chortle. And note that the Internet says an "average" person eats eight spiders a year. A really exceptional person, such as astronaut and professional Better-Than-You Chris Hadfield, eats as many as 10 spiders in a single week!

(I would have once scoffed at the idea there was any way to count how many spiders a person eats at night, but now that I know what the NSA has been up to, it all makes sense. Thanks Edward Snowden!)

Snakes. There are almost no dangerous snakes in Canada, and the few that are, are extremely passive animals, so this phobia is what scientists call "stupid." Therefore every time you feel a twinge of fear coming on, have a friend or relative say, "Don't be stupid! It's just a snake, stupid. God, you're so stupid" until the fear passes. (Note: This approach sometimes requires secondary therapy.)

Heights. Some therapists recommend climbing a 'fear ladder,' where you expose yourself to your fear in small manageable steps. With heights, you can combine the figurative and literal by jumping from a ladder every day, each day one rung higher. By Day 15 or so the problem kind of takes care of itself.

Lightning. Commonly referred to by scientists as the 'sexy phobia,' many of history's greatest heroes were terrified by lightning. Benjamin Franklin. Neil Armstrong. Thor. Yes, they had stoic exteriors, but a loud thunderclap made them cry like schoolgirls.

So if you should find yourself at home during a lightning storm, trying not to hyperventilate while you distract yourself with a battle-filled Game of Thrones episode cranked to full volume (to pick an entirely random example) then that's OK. Accept it as part of the wonderful, handsome writer you are. Er, person you are.

And that's how you deal with phobias. Of course the best way to approach any fear is to recognize that, even if you're not feeling great, you're in no real danger. Remember to smile, recite some positive statements, and take long, deep breaths. If you do that at night, you'll also swallow some spiders.

ZOOM

Snake in a charity store

QUEENSLAND POLICE/THE ASSOCIATED PRESS

Python breaks in to Australian store

Australian police were mystified by a chaotic crime scene including a hole in the ceiling and a smelly pool of vomit-like liquid — until they found the culprit was a 5.7-metre python.

The massive snake, weighing in at 17 kilograms (37 pounds), was captured a day after a suspected burglary was reported at a charity store in Queensland in northeastern Australia.

"Its head was the size of a small dog," police Sgt. Don Auld said Wednesday. Before they found the python, investigators' working theory was that a human burglar with an appetite for destruction — and a serious illness — had gone on a rampage inside the St. Vincent de Paul store in the small town of Ingham.

THE ASSOCIATED PRESS

The suspect

"We thought a person had fallen through the ceiling because the roof panel was cut in half. When they've hit the floor, they've vomited and then staggered and fallen over. That's what we thought anyway."

Police Sgt. Don Auld

The break-in

- Police now suspect the python entered the store through the roof, which was damaged in a cyclone two years ago.
- The animal then plummeted through the ceiling, knocking over dishes, clothes and other items, before relieving itself on the floor.

Clickbait

HANNAH ZITNER
hannah.zitner@metronews.ca

Despite being mostly a place where 20-somethings turn to post pictures of their hangover brunches, road trips and beach vacations, there's more to Instagram than that. There are also musicians posting pictures of brunches, road trips and vacations... and of themselves. Introducing, the musicians of Instagram:

DREW GURIAN/INVISION/THE ASSOCIATED PRESS

Tyler the Creator:
Odd Future's Tyler the Creator is worth the follow for the captions more than the art. @feliciathegoat

Pearl Jam:
Remember them? They're back. And just announced their first North American tour in three years. @pearljamofficial

Frank Ocean:
This man has mastered the art of the selfie in the most beautiful, non look-at-me-I'm-awesome way. @Frankocean

Twitter

@metropicks asked: Scientists can now determine your lifespan at time of birth. Would you do it? Why or why not?

@DeniM4678: No, because it's just a guess, there are TOO many factors that could affect that number through the years.

@autumnpiglet: No. Why bother? You may die from an accident.

@FrenchmanCanada: No need, I already know the date : the day Justin Bieber gets an Oscar for best song.

Follow @metropicks and take part in our daily poll.

Comments

RE: The Story Behind That Abandoned, Flooded Ferrari On Lower Simcoe Street, published July 10

There is no story behind this story. A man left his car behind during a flash flood, as did many others. **poor-whiteman posted to metronews.ca**

It's not meant to be a hard-hitting news story. The fact that a $192,000-car was abandoned during the flood, clearly, amused some people. It's horrible that so many people have damaged cars and property. But are you telling me that an abandoned Ferrari wouldn't pique your interest more than, say, a Dodge Caravan? **bicyclingbookwrm posted to metronews.ca**

WE WANT TO HEAR FROM YOU: Send us your comments: saskatoonletters@metronews.ca

metro

President Bill McDonald • **Vice-President & Group Publisher, Metro Western Canada** Steve Shrout • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Saskatoon** Tara Campbell • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Sales Manager** Barry Paton • **Vice-President, Sales and Business Development** Tracy Day • **Vice-President, Creative** Jeff Smith • **Vice-President, Finance** Phil Jameson **METRO SASKATOON** • #100, 728 Spadina Crescent East Saskatoon, Sask. S7K 4H7 • **Telephone:** 306-649-2025 • **Toll free:** 1-877-895-7193 • **Fax:** 1-888-895-6931 • **Advertising:** adinfosaskatoon@metronews.ca • **Distribution:** saskatoon_distribution@metronews.ca • **News tips:** saskatoon@metronews.ca • **Letters to the Editor:** saskatoonletters@metronews.ca

FFUN >> Kia of Saskatoon NO FUSS...JUST FFUN. GUARANTEED.

Certified Pre-Owne

$39 wk

$10,876 Stock# P3520

2009 Dodge **Caliber SXT**

Nice white, one tax unit presents very well.

$40 wk

$10,996 Stock# P3577

2009 Ford **Focus SE**

Economical car with low kilometers, shows well

$41 wk

$10,951 Stock# N33503A

2009 Toyota **Corolla CE**

This local trade is clean, clean, clean.

$41 wk

$10,996 Stock# NP3511A

2008 Kia **Rondo EX Luxury**

Local trade, one tax only, loaded with leather and moon roof.

$43 wk

$7,996 Stock# N34028A

2007 Kia **Rio5**

Black in color, local trade, one tax fully loaded with FFUN Warranty.

$43 wk

$11,851 Stock# NP3561A

2009 Chevrolet **Malibu 2LT**

This local trade is a one owner, one tax unit.

$44 wk

$11,996 Stock# N34087A

2008 Kia **Sedona EX**

This luxury model is fully loaded and ready for your summer getaway.

$44 wk

$11,996 Stock# N33471A

2011 Chevrolet **Malibu LS**

A black stone beauty, local trade, only one tax on this Malibu.

$52 wk

$13,851 Stock# P3579

2009 Kia **Rondo EX**

Only 35,000km, this urban utility vehicle is ready for you.

$53 wk

$9,996 Stock# N34063A

2007 Kia **Sedona EX**

EX model with power sliding doors and factory DVD player.

$55 wk

$14,996 Stock# P3573

2009 Pontiac **Vibe GT**

Very sweet in white with all the options. A must-see!

$55 wk

$15,996 Stock# P3556

2012 Hyundai **Elantra GLS**

Only 22,000km this car stands out from the crowd! Take it home today.

$57 wk

$9,894 Stock# P3574

2007 Pontiac **G6 GT**

Black in color shows mint.

$59 wk

$15,896 Stock# P3566

2010 Ford **Ranger XLT Ext Cab**

The perfect vehicle for hauling anything and everything.

$59 wk

$17,996 Stock# P3536

2012 Kia **Optima LX**

This car stands out from the crowd! Performance on the road!

$61 wk

$16,451 Stock# P3558

2011 Honda **Civic SE**

This red coupe is perfect for summer! See it today! Drive it home today!

FREE 42" Plasma TV*

with purchase of any pre-owned vehicle at **KIA of Saskatoon!**

All prices are with $2000.00 trade or down payment plus fees. See dealer for details.

ALL CREDIT APPLICATIONS ACCEPTED! APPLY ONLINE 24/7!

d Vehicles

orange tag DAYS

$16,951 Stock# P3538
2010 Dodge **Journey R/T**
This R/T is the top model of the journey. Drives like a dream.

$12,895 Stock# P3581
2007 Dodge **Ram 1500 SLT**
Nice grey crew cab ready for your summer getaway!

$14,894 Stock# P3580
2007 GMC **Acadia SLE**
Fully loaded, white in color, all the options.

$14,996 Stock# N34031A
2008 Kia **Sorento LX**
Local trade four-wheel drive with push bar.

$19,851 Stock# N33597A
2012 Chevrolet **Cruze LTZ**
This turbo model is perfect for your summer getaway! Local trade.

$11,794 Stock# N34102A
2006 Chevrolet **Equinox LT**
Local Trade one owner one tax with full load and sunroof for summer fun!

$20,996 Stock# P3569
2008 Ford **Edge Limited**
Leather, vista roof and all the toys.

$18,996 Stock# N34050A
2011 Kia **Sportage LX**
This local trade came in on trade for a new Kia.

$25,996 Stock# P3530
2012 Kia **Sorento LX**
Dark cherry in color. This one has all the options! 4x4.

$23,996 Stock# P3572
2009 Ford **Explorer Sport Trac**
Limited model in pearl white with hard shell waterproof cover.

All these and **many more** cars, trucks and SUVs at **kiaofsaskatoon.com**

306.659.6000
kiaofsaskatoon.com
730 Brand Road, Saskatoon, SK
facebook.com/FFUNkia

New to Canada? We can help.
If you have no credit history, we have a program just for you! APPLY ONLINE now and get driving!
FFUN >> Kia of Saskatoon 306.659.6000 | kiaofsaskatoon.com

Going down the rabbit hole

Alice in Wonderland. Local theatre reimagines children's classic as a picnic held in Saskatoon

BACKSTAGE PASS
Simon Hiatt
saskatoon@metronews.ca

For his first professional theatre appearance, Dalton Lightfoot is jumping in feet first — all 16 of them.

He plays the Caterpillar in Sum Theatre's presentation of Alice in Wonderland, His eight sets of legs will walk a number of stages as the show is being performed in several public parks around the city.

"At first I was wondering how it was going to work, but it's gone together very well," Lightfoot said. "You have to project across an entire park instead of bouncing off walls in a theatre, so it's a challenge but a fun challenge."

The idea of adapting the Lewis Carroll classic novel into an outdoor staged production was the brainchild of artistic director Joel Bernbaum.

"I've always wanted to bring this concept, theatre in the park, to my hometown. I think in order to make theatre more accessible to the general public we need to think outside the box — literally outside the black box of the theatre," Bernbaum said.

Beginning with a performance Friday night at A.H. Browne Park, the show will make stops throughout the city. The full schedule can be found online at sumtheatre.com.

"I believe in the power of theatre and the power of community and with theatre in the park you get the best of both worlds, because you're bringing people together from all walks of life from across our great city, and doing it in their community parks," Bernbaum said.

And Alice might actually be one of those neighbourhood residents brought together through theatre. This Alice is on a picnic with her family in Saskatoon in 2013 instead of Carroll's classic locale.

Despite that familiar local element, Bernbaum says the well-known trippy nature of the source material is not only preserved in the park setting, it's enhanced by it since audience members will be helping to create the fantastical setting in their minds.

"It illustrates the power of imagination and how any one of us, if we get lost in our minds a little bit, can go on a multitude of creative adventures. I think that's an important lesson for all of us to learn over and over again, especially as we get older."

Bernbaum says he is thrilled with the way his actors have also bought into the unique staging of the production. "I wanted this to be an artistic challenge and I think it's important for us to flex our creative muscle. I wanted this to be an ensemble process where we work with the original text, but then jam on it. We've done a lot of work to find our story within the story."

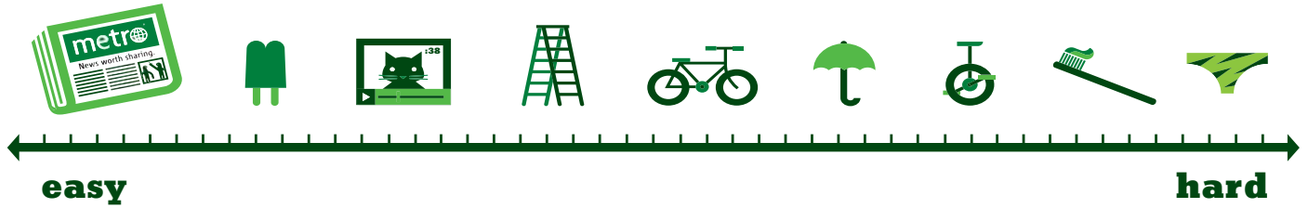
The original Alice

Alice's Adventures in Wonderland was first published in 1865, based on a story Lewis Carroll told to keep children entertained while on a boat trip.

- **Limited**. Six copies of that first edition are known to have survived and Carroll's personal copy sold at auction for 1.54 million dollars US in 1998, setting the record for the highest price ever paid for a children's book.

Kaitlyn Semple and Dalton Lightfoot rehearse for Sum Theatre's production of Alice in Wonderland.
SIMON HIATT/FOR METRO

Sharability



METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Justin Bieber. ALL PHOTOS GETTY IMAGES

Justin Bieber stoops to more piss-poor behaviour

Oh, Justin, Justin, Justin. What can we say about your latest example of acting out?

In a video from TMZ, filmed earlier this year, the terrible tiny terror decides that it would be alright for him to urinate in public in a bucket used for floor washing. I'm sure the owners of the restaurant were thrilled to have such a class act visit.

I'm not a fan of corporal punishment, but sometimes the only reasonable option is a hard slap.

In other Bieber news, Chicago Blackhawks fans are crying fowl after a picture of the Biebs posing (with sunglasses on) with the Stanley Cup in the Hawks' dressing room. In the background is a Blackhawks jersey with the word Bieber on it.

Fans took to Twitter to voice their discontent that the Biebs' dirty hands touched the sacred trophy. Apparently him touching it, all of sudden, made the Cup uncool.

Twitter

@pattonoswalt
Saw PACIFIC RIM earlier today. It's all right if you're into movies that are awesome and gut-punch you with brilliance.

@tyrabanks
So you know when you're in a bathtub and your fingers get all wrinkly and you're like why the heck do they do that

@MorganSpurlock
Hurray! We're #2! We're #2! America No Longer Most Obese! Congratulations! USA! USA!

What's the big deal anyways?

Jennifer Lopez

The revealing green Versace dress Jennifer Lopez wore at the 2000 Grammys has become the stuff of fashion legend, but Lopez herself remembers not getting what all the fuss was about.

"When I came onstage with David Duchovny, who was the biggest star in the world then, he said to the audience, 'Nobody is looking at me,'" Lopez recalls to W magazine. "When I went to my seat, I said, 'What's the big deal?!' (Then-boyfriend) Puffy and Benny (Medina, her manager) were waiting, and they said, 'You have to take pictures in that dress.'"

When 'wash me' isn't enough

Kristen Stewart

A vandal with a sense of humour decided to use a rather touchy subject to illustrate to Kristen Stewart that she needs to get her car washed.

While the Twilight star was running errands in North Hollywood earlier this week, someone crept up and used a finger to scrawl the words "I (heart) Rob" in the dirt on the hood of her car, referencing her recent breakup with Robert Pattinson, according to Us Weekly.

Unfazed, Stewart drove off with the message intact.

The Word

Khloe kicks Lamar out over an ongoing stripper tryst

Khloe Kardashian kicked husband Lamar Odom out of their home for cheating.

But it gets worse. He was cheating with a stripper. For more than a year. And he paid her.

According to the bombshell report from Star magazine, the woman in question is 29-year-old stripper Jennifer Richardson, whom he met at the Stadium Club strip club in Washington, D.C. after a game last year.

The first night they hooked up, Odom took care to take "her phone apart and put the pieces in different spots all around the room" so she couldn't record their tryst. But that doesn't keep a resourceful stripper from becoming a "source" to Star magazine for money.

The "affair" (which honestly just sounds like various sexual encounters after games in various hotel rooms around the country) lasted for months with Odom at one point "gifting" her $3,000.

Oh, and they had a threesome. I don't know how that falls into the blame game.

Does that mean he cheated with several women or with just one woman, but very spectacularly?

Star reports that Khloe found out about the affair and kicked him out again and again — but they would continue to get back together.

But now it looks like they are headed for a divorce — sources tell Star that Odom moved out for good on June 3 and hasn't been back since.

Friends, you know it's bad when Scott Disick seems like the good Kardashian husband.

METRO WORLD NEWS

YOU COULD WIN TICKETS TO SEE
THE CONJURING
JULY 19
VISIT clubmetro.com TO ENTER
TO REGISTER AND FOR FULL CONTEST DETAILS VISIT CLUBMETRO.COM

No purchase necessary. Contest open to residents of Canada, excluding Quebec, who have reached the age of majority (18) years of age or older. Odds of winning depend on the number of eligible entries received. Twenty (20) Prizes are available to be won, consisting of two tickets to see 'The Conjuring' during its run of engagement. (approximate retail value $26). Skill testing question required. Contest closes July 14, 2013 at 11.59PM (EST). To enter and for complete contest rules visit www.clubmetro.com

Here comes the Suno

What a pretty pair. The CFDA winners fill us in on their plans for future success, their personal style and a summer in the city

TINA CHADHA
Metro World News

Erin Beatty and Max Osterweis, the friendly duo behind Suno, a brand that has charmed Anna Wintour and a slew of New York editors and bloggers, recently won the coveted 2013 CFDA Swarovski Award for emerging talent in womenswear. Maybe now they'll allow themselves to take a summer Friday or two off. We chat with the designers about their big win and summer plans.

Congrats on the recent win. How did you celebrate?
Erin: Max and I met up with his girlfriend Kate and my boyfriend Lex and we actually spent the night with the Creatures of the Wind going to the after parties.

Solange Knowles (above) and Hailee Steinfeld (bottom right) in Suno. GETTY IMAGES

Who was the first person you called when you won?
Erin: I didn't even have my phone at the awards ceremony.
Max: I emailed Erin's dad who shared the news with her family, and I emailed my parents and then social media took care of the rest.
Erin: It was totally unexpected. We were very thrilled to win and are very excited to try to live up to it.

What do you hope the award will do for the brand?
Erin: Hopefully, more than anything, it helps to increase brand recognition and encourage the stores that we're already in to place larger orders, and encourage the stores that we're not in to buy us. We definitely want to get back into Barney's.

How are you hoping to grow the company?
Erin: We know that we're going to want to dip into accessories sooner rather than later, it's just a matter of timing. Definitely cool bags and shoes. I mean we've always been interested in head-to-toe dressing.
Max: The number one question that we always get asked is when are we going to do men's? And we have no answer for that number one question.

What are your plans for the summer?
Max: Both of us are focusing on taking weekends off as much as we can. The first few years of Suno, none of us really took that much time off, including on the weekends, so I started taking my weekends pretty seriously last summer, and I think Erin's doing the same this year.
Erin: I actually rented a place in Germantown, N.Y. so I'm actually in the country.

What's an ideal summer day?
Erin: It's sitting down outside and reading.
Max: Spending time on my boat, fishing.

What are you reading this summer?
Erin: I just finished Freedom by Jonathan Franzen and now I'm reading Lit by Mary Karr.
Max: I just finished a 10-novel series: The Story of a Crime. It's the Martin Beck series — Swedish, socialists, detective novels from the '70s.

What summer looks are you loving right now?
Erin: I'm wearing embroidery all the time right now, cotton embroidery.
Max: My mom was just with me this past weekend, out in the country, and she insisted that we do a caftan for her.

Best way to beat the heat?
Max: Get in the water, whether it's a fire hydrant, or the ocean or the pool.

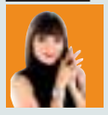
Style pick

Purchase a piece of punk fashion history

If Robin Hood and Johnny Rotten designed a shoe together, this would be it — with a lot of help from Vivienne Westwood. The Seditionaries boots are part of her limited edition Chaos collection, a tour of her career highlights from the 1970s till now. The boots, in their original green and tan color, are London incarnate — once worn by the Sex Pistols, designed by Westwood and Malcolm McLaren and manufactured in the capital itself.

KATHRYN GILBERT

Twitter



JEANNE SPACE
Jeanne Beker
life@metronews.ca

TWITTER HAS BECOME A COOL AND SUCCINCT WAY OF COMMUNICATING. IT ALLOWS ME TO BE ACCESSIBLE, INSTANTLY SPEAK MY MIND AND CONNECTS ME WITH ALL KINDS OF PEOPLE. WHETHER IT'S A FASHION QUESTION OR YOU JUST WANT TO COMMENT ON LIFE'S BIGGER PICTURE, I'D LOVE TO HEAR FROM YOU.

@Jeanne_Beker Finally back at my old gym! Feels like coming home. Here's to a summer of really shaping up! #letsgetphysical

- **@The_Obsessed:** share some inspiration Jeanne! For those of us who've been slacking on yoga & gym time #gymspiration #slackers
- **@Jeanne_Beker :** JUST DO IT!!! Xx

Intvw'ing my girl Bekky O'Neil @qualityslippers @TarragonTheatre for @EtalkCTV about her play Urge 4 Going #FringeTO

Potato curry in a hurry

"Aloo gobi, the Indian curry made with potatoes, cauliflower and spices, is a firm favourite in our household," writes Miriam Sorrell in her book Mouthwatering Vegan. "So I decided to create some fast burgers based loosely on that wonderful dish. If you like potato curry, you are going to love these. Serve with a simple salad of greens and cherry tomatoes on the side ... And slap on the ketchup!"

Ingredients

- 3 tbsp (45 ml) frozen peas
- 2 tbsp (30 ml) frozen corn
- 4 medium potatoes micro waved until soft, then peeled
- 1 tbsp (15 ml) vegan margarine
- about 1/4 cup (60 ml) non-dairy milk
- 1 1/2 tsp (7.5 ml) curry powder
- salt to taste
- 1 medium carrot, grated
- 1/2 onion
- 2 cloves garlic
- 4 mushrooms
- sprig of fresh mint
- sprig of fresh rosemary
- 2 tsp (10 ml) nutritional yeast
- 1 1/2 tbsp (22.5 ml) unbleached all-purpose flour
- olive oil

1. Place the peas and corn in a saucepan and cover with boiling water. Cook for a couple of minutes, then drain and set aside.

2. Meanwhile, in a medium bowl mash the microwaved potatoes. Add the margarine, milk, curry powder and salt. Bear in mind that the mash needs to be a fairly firm consistency.

3. In a food processor, process together the carrot, onion, garlic, mushrooms and herbs.

4. Add the ingredients from the food processor to the mashed potato mixture, together with the cooked peas and corn, nutritional yeast and flour. Stir well with a fork, taste and adjust seasoning if necessary.

Yummy Curried Potato Burgers

This recipe makes about eight burgers. MIRIAM SORRELL

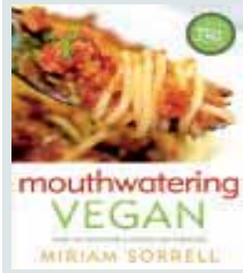
5. Heat a drizzle of olive oil in a nonstick frying pan set over medium heat. Spoon in dollops of the potato mixture. Cook for a few minutes, flattening very slightly with a spatula to make patty shapes, then gently flip. You may need to do this in batches, repeating with any remaining mixture, to make 8 burgers.

6. Serve on buns with your favourite burger fixings, or on their own with vegetables and salad. Reheat any leftovers in a hot oven—they may become mushy in the microwave.

RECIPE ON THIS PAGE EXCERPTED FROM MOUTHWATERING VEGAN BY MIRIAM SORRELL. COPYRIGHT © 2013 MIRIAM SORRELL. EXCERPTED BY PERMISSION OF APPETITE BY RANDOM HOUSE, A DIVISION OF RANDOM HOUSE CANADA, INC. ALL RIGHTS RESERVED.

Cookbook of the Week

Varied vegan eats



Going meat-, egg- and dairy-free isn't an easy feat but Miriam Sorrell's Mouthwatering Vegan makes it that much simpler — and delicious. With more than 150 recipes, Sorrell showcases how accessible, varied, nutritious and tasty vegan eating can be. The book covers everything from appetizers, soups and smoothies to main courses and desserts. Among the recipes are Shepherd's Pie, Red Bean Nut Burgers, Chili Con 'Carne' and more. METRO

A wine crate one day, and a coffee table the next, and other DIY ideas

One man's treasure.
7 ways you can turn alcohol holders into something useful

Old wine crates can be found lying around the house, at your local liquor store or even at neighbourhood garage sales.

Before sending them to the landfill, consider a few do-it-yourself options to repurpose wine crates for household use.

1 Create a contemporary bookcase by painting each crate a different colour and stacking one on top of another.

Break up solid colours by using a stencil to create unique and fun patterns.

2 Enhance your outdoor patio with makeshift rustic seating options. It's as simple as just flipping over each crate so the flat surface is on top. Chair pads can provide an option for more cushioned seating and come in a variety of shapes and colours.

3 Add a touch of spring to your kitchen or patio by creating a planter box for your favourite foliage.

Start by drilling a few holes into the bottom of the crate to allow for drainage, and then spray the crate with a waterproof seal.

Once the crate is dry, just flip it over, fill with potting soil and start planting. Wine crates are the ideal size for potted plants.

4 Add a textured, lofty accent to your bar or kitchen walls by using wine crates as wall tiles. Take each crate apart until you're left with flat boards, and then cover an entire wall with the tiles.

5 Wine crates don't just have to be used to store wine bottles. Throw your household knickknacks into old crates, then stack and store away. Attaching wheels to each crate creates rolling storage for easy access and transportation.

6 Running in and out of the house during summer parties in the backyard can track dirt inside.

Salvage Dawgs chronicles the adventures of Mike Whiteside, left, and Robert Kulp. HANDOUT

Use a leftover wine crate as a shoe storage rack for your back patio to prevent unwanted messes inside the house.

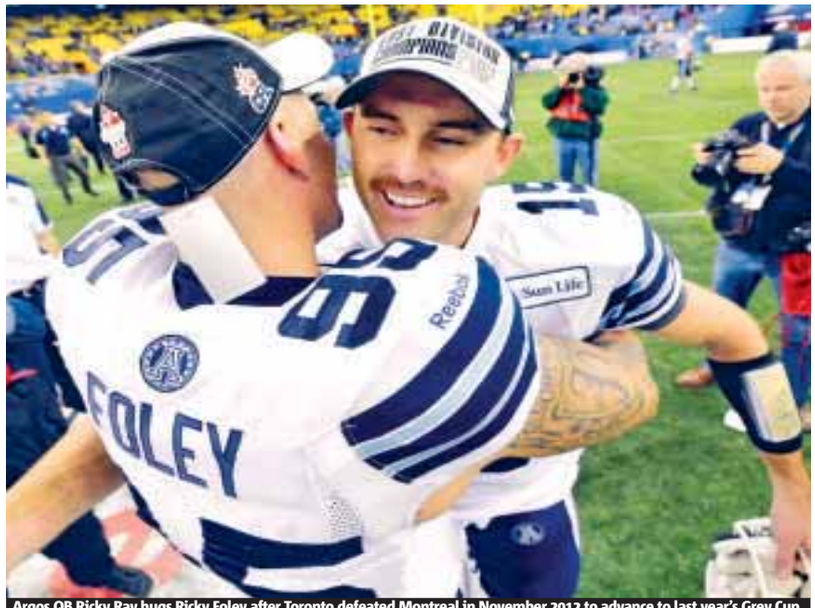
7 Creating a coffee table out of a wine crate can be a cost-friendly way to add a rustic feel to your living room. First stain or paint three or four crates and let them dry. Then arrange the crates and create a frame using L brackets. Nail the crates to the frame, and enjoy your new DIY coffee table.

FIND MORE TIPS FOR SALVAGING OLD FINDS ON SALVAGE DAWGS, TUESDAYS AT 9 P.M. ET/PT ON DIY NETWORK CANADA

FFUN » Kia of Saskatoon
Credit trouble?
Kia of Saskatoon will get you driving today!
We finance right in the dealership for all levels of credit, regardless of your situation.
Apply online at kiaofsaskatoon.com or call 306.659.6000.
Over 40 years of lending experience working for you!
FREE 42" Plasma TV
ENDS SATURDAY!

DE Foley fuelled by former friends, fans

The return to T.O.
Riders' recently acquired vet heading back to Hogtown to pick up Grey Cup ring and steal a W



Argos QB Ricky Ray hugs Ricky Foley after Toronto defeated Montreal in November 2012 to advance to last year's Grey Cup. Foley is looking forward to an emotional return to Toronto after signing with the Riders. RICK MADONIK/TORSTAR NEWS SERVICE

Not long ago, redemption would've fuelled Ricky Foley when facing a former team.

But at age 31 and in his eighth CFL season, the flamboyant defensive end says he's learned how to harness that energy and use it to his advantage.

Foley expects to experience a myriad of emotions Thursday night when the Saskatchewan Roughriders face the Toronto Argonauts at Rogers Centre. The six-foot-three, 258-pound Foley played three seasons with the Argos and helped the squad win a Grey Cup title last year before signing with the Riders as a free agent.

"If I was younger it probably might not have been the best thing," Foley said Wednesday. "I'm a vet now so I know how to control it but it's going to be emotional and I'm going to feed off that and play well."

He'll be able to renew acquaintances with many of his former teammates and also receive his Grey Cup ring from Argos GM Jim Barker, who opted to present it to Foley personally rather than simply mail it to him.

Foley began his CFL career with B.C. after the Lions selected the native of Courtice, Ont., fourth overall in 2006 out of York University. He was named the league's top Canadian in 2009 after posting a career-high 12 sacks before signing with Toronto as a free agent.

But Foley had just 10 sacks over three seasons with the Argos. Last year, he had 35 tackles and three sacks before adding four tackles and a sack in the Grey Cup to be named the game's top Canadian.

With Saskatchewan, he's being employed in a more traditional role coming off the edge, although he has four tackles but no sacks this season.

Saskatchewan (2-0) comes in as the CFL's only unbeaten team following an impressive 36-21 win over Calgary. Although Toronto (1-1) dropped a 24-16 road decision to B.C. last week, the Argos boast the league's second-ranked offence, averaging 365.5 net yards.

THE CANADIAN PRESS

Opposition admiration

"He plays with his heart and a lot of passion so I expect him to really come out and want to prove a point and win the game." **Argos slotback Andre Durie,** a longtime friend of Ricky Foley's

CFL

Stamps backup Glenn thanking déjà vu Drew

The Calgary Stampeders quarterback situation feels familiar.

A year ago, starter Drew Tate didn't finish the second game of the regular season because of injury. Backup Kevin Glenn made his first start July 12 in Montreal.

Fast forward to now. Tate didn't finish Game 2 last week. Glenn will start Friday, again July 12, in Montreal against the Alouettes.

"For me to be coming out Week 3 against Montreal in Montreal, it's pretty much déjà vu," Glenn said Wednesday.

The difference is Tate's injury is minor compared to the shoulder separation he suffered in 2012. His current injury is a strained forearm muscle.

THE CANADIAN PRESS

NHL Heritage Classic

Canucks to host Sens at BC Place

Vancouver will become the third Canadian city to host a regular-season NHL game outdoors when the Canucks welcome the Ottawa Senators to BC Place next season in the 2014 Heritage Classic.

Edmonton hosted Montreal in the original Heritage Classic in 2003 in the NHL's first ever outdoor regular-season game. Calgary welcomed the Canadiens in the 2011 edition.

The 2014 game in Vancouver takes place March 2 and will be the first played in a retractable-roof facility.

THE CANADIAN PRESS

Riders lean on run game with Simon sidelined

Veteran slotback Geroy Simon's Roughriders debut will be delayed once again due to a lower-body injury. COURTESY CFL

Geroy Simon's Saskatchewan Roughriders debut is on hold for another week.

Roughriders head coach Corey Chamblin said Wednesday the veteran slotback won't play in the club's game Thursday night against the Toronto Argonauts.

The Roughriders acquired Simon in an off-season trade with the B.C. Lions, but he has yet to play for his new team due to a lower-body injury.

The 37-year-old Simon is the CFL's all-time receiving yards leader (15,787) and needs 29 catches to break Ben Cahoon's league record of 1,017.

Luckily Saskatchewan running back Kory Sheets is off to a great start, having rushed for more than 100 yards in both of his team's games thus far. Sheets already has 26 runs of five or more yards in 2013 and has definitely caught the eye of Argos head coach Scott Milanovich.

"You talk about elite players and I believe he is, but I thought that a year ago to be honest," Milanovich said. "He can do just about anything you want him to do.

"He can catch passes, he can run with breakaway speed, he can be patient and run zones and pick his hole. He's one of the best in our league for sure." THE CANADIAN PRESS

Running game

"He can do just about anything you want him to do."

Argos head coach Scott Milanovich, on Roughriders RB Kory Sheets.

Horoscopes

♈ Aries
March 21 - April 20
Take life at a more civilized pace today — well, civilized by your standards anyway. You don't have to work your fingers to the bone to make a good impression.

♉ Taurus
April 21 - May 21
You may be unenthusiastic about what you have to do but do it anyway and strive to do a good job. If you make an effort for other people now, they will be more inclined to make an effort for you later.

♊ Gemini
May 22 - June 21
You may need to lower your sights a little over the next 24 hours. It's good to aim high but according to the planets your current aims reside in a galaxy far, far away. Bring them back to Earth today.

♋ Cancer
June 22 - July 23
You know something your rivals don't and it can give you the edge to get ahead of the pack and stay ahead. But, knowledge is power only if you are prepared to use it.

♌ Leo
July 24 - Aug. 23
Others will talk you up today and you'll love every moment of it. But why are they so determined to make you look good? Are they just being friendly or is there a deeper motive?

♍ Virgo
Aug. 24 - Sept. 23
If there is someone you want to impress, all you have to do is open your mouth and tell them what you think. The fact that you do think, when so many in the world today do not, puts you at an advantage.

♎ Libra
Sept. 24 - Oct. 23
For some reason, you appear to believe that you have to work twice as hard and move twice as fast as your rivals. Don't put pressure on yourself when you don't have to.

♏ Scorpio
Oct. 24 - Nov. 22
You may not be the most forgiving member of the zodiac but you are smart enough to realize that an ongoing feud is a waste of time. Do what you have to do to heal the rift.

♐ Sagittarius
Nov. 23 - Dec. 21
You will be under pressure today and maybe of the kind that you are not naturally equipped to handle. Whatever happens, you must stay calm.

♑ Capricorn
Dec. 22 - Jan. 20
You are in a light-hearted and carefree mood at the moment. But a work colleague will seek to burst your bubble by making demands that cannot be met. Smile sweetly and tell them to forget it!

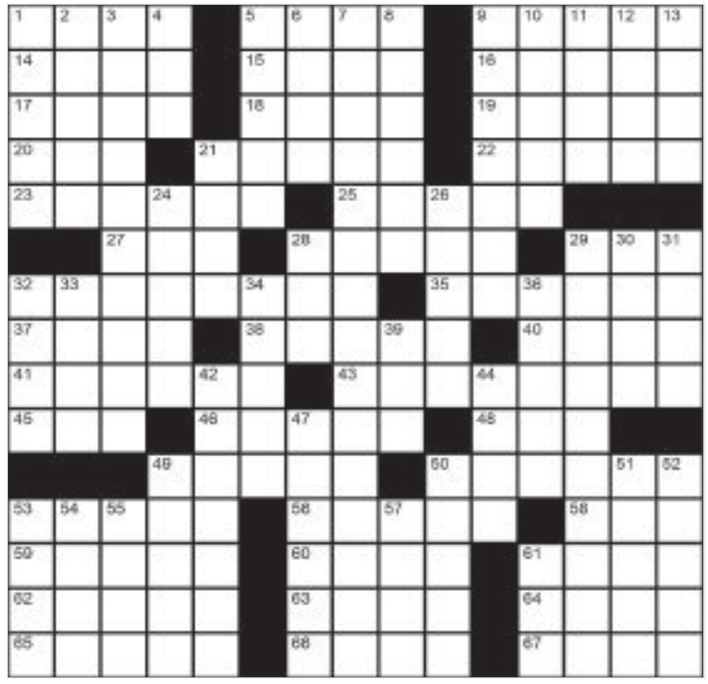
♒ Aquarius
Jan. 21 - Feb. 19
Minor problems are likely to have far-reaching consequences today. Think before you act and, if you are not sure which course of action is best, take no action at all. Come tomorrow, the problem will have resolved itself.

♓ Pisces
Feb. 20 - March 20
You have so much going for you now but you seem to believe that your life is falling apart. Stand back from your everyday worries and see the bigger picture. **SALLY BROMPTON**

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



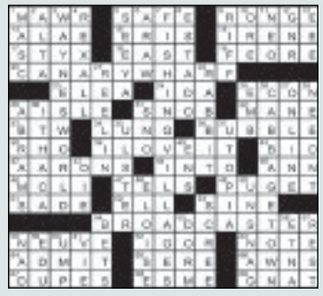
Across

1. Pet rights org.
5. Profess
9. Mickey __
14. Shopping spot
15. __-_-Fella (Record label)
16. Ontario attraction, __ Canada Village
17. "__, __ and Away" by The 5th Dimension
18. Yesterday: French
19. Lovely parties
20. U-571, e.g.
21. Ms. McLachlan
22. Edith Wharton novel, Ethan __
23. Shakespeare's tragic character
25. Water wheel
27. Porridge particle
28. "Sounds like _ __!"
29. For
32. "Black Horse & The Cherry Tree" by KT __
35. Published
37. "That __ __ it should be."
38. Become knowledgeable
40. Olive genus
41. Crack
43. Montreal singer, Nikki __
45. Tokyo, once
46. Pirate's exclamation!
48. Diner offering
49. Super-__
50. Prophet
53. Plunge the potato chip again
56. "Sheesh!"
58. Did a marathon
59. Bar soap brand, __ Spring
60. Chaps
61. __ fide
62. Leonardo da __ (b.1452 - d.1519)
63. Concerning, office-style: 2 wds.
64. International oil gr.
65. Toronto __ Centre
66. Adam's abode
67. Library communication starter

Down

1. Informally flatten
2. __ New Guinea
3. Clothing retailer founded in 1985 in Toronto: 2 wds.
4. Swiss peak
5. Buddhist who has attained Nirvana
6. See: French
7. Nova Scotia's slogan, Canada's __ __
8. Artist Andy
9. "Echo Beach" by Martha and The __
10. Canadian __ Company
11. Capable of: 2 wds.
12. Feel
13. Gaelic
21. Cobblestone
24. Westerns prop
26. "The Office" star
Mr. Wilson
28. Bar drink
29. For example... beans, chick peas and lentils: 2 wds.
30. Be in need of Febreze
31. Singer/actress, Aubrey __
32. Sandcastle's swoosher
33. Pre-owned
34. _ __ of faith
36. Actress Ms. Vergara
39. Encouraging shout!
42. Manitoba city northwest of Winnipeg
44. Grand Ole __
47. Archie Comics character
49. Bee Gees genre
50. Mary-Kate or Ashley
51. Paths
52. Legislate
53. Tear apart
54. Suffix with 'Ranch'
55. Exertion
57. Ancient harp
61. Cyndi Lauper tune: "She __"

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

	4		3		2		6	
		6	5		4	3		
2								5
		9		1		8		
7								9
		4		5		1		
4								7
		3	4		7	2		
	1		8		9		4	

Yesterday's Sudoku

2	3	5	8	7	1	6	9	4
9	6	7	2	4	5	1	3	8
1	8	4	6	3	9	2	7	5
7	9	6	1	5	3	8	4	2
5	4	3	9	8	2	7	1	6
8	2	1	7	6	4	9	5	3
3	1	8	5	2	7	4	6	9
6	5	9	4	1	8	3	2	7
4	7	2	3	9	6	5	8	1

Today
30°/12°
Mainly sunny
Friday
23°/12°
Sunny
Know what the weather will be 14 days from now.
Check the 14 day trend.
TWN incorporates MSC data

Personal Care Aide Program
September 2013
Provided in partnership with Saskatoon Health Region to offer the *Earn While You Learn* Program
Call 306 244-6333
www.sbccollege.ca
221 3rd Ave. N | 1-800-679-7711

NEED A RIDE?
Read metrodrive every Wednesday.

SATURDAY JULY 13 TO FRIDAY AUGUST 9

RECEIVE A CONTEST CARD WHEN YOU SPEND $10 OR MORE AND YOU COULD

WIN* $5,000

TO SPEND TOWARDS

your dream summer

3 PRIZES AVAILABLE!

PLUS - GET BONUS ENTRIES WHEN YOU BUY PARTICIPATING PRODUCTS!*

SHOPPERS DRUG MART

*NO PURCHASE NECESSARY. Contest begins on July 13, 2013 at 9:00:00 a.m. EST and closes August 11, 2013 at 11:59:59 p.m. EST. Open to legal residents of Canada who have reached the age of majority in their province or territory of residence. Contest cards containing a unique PIN code will be given out in-store until August 9, 2013, or while supplies last, whichever comes first. PIN code must be entered at shoppersdrugmart.ca/summer by August 11, 2013 11:59:59 p.m. EST. To receive a contest card, while supplies last, customers must make a purchase of $10 or more on eligible products after discounts and redemptions of any Shoppers Optimum Points®, coupons or promotional gift cards and before taxes at participating Shoppers Drug Mart stores between July 13 and August 9, 2013. Eligible products exclude prescription purchases, products with codeine, tobacco products (where applicable), stamps, passport photos, lottery tickets, event tickets, transit tickets and passes, gift cards, prepaid phone cards, prepaid card products and purchases at Shoppers Home Health Care locations. Limit one contest card per eligible transaction regardless of total dollar value of transaction. Customers can also earn one (1) Bonus Entry for each participating product purchased using a valid Shoppers Optimum Card® between July 13 and August 9, 2013 and who have registered their PIN code and their Shoppers Optimum Card online by August 11, 2013 11:59:59 p.m. EST. Maximum of sixty (60) entries per person, including all Bonus Entries. There are three (3) Grand Prizes available to be won, each consisting of $5,000. The odds of winning a Grand Prize will depend on the total number of eligible entries received. Correct answer to skill testing question required. For full contest details, including how to obtain PIN codes and Bonus Entries without a purchase, and a list of participating products for Bonus Entry, visit shoppersdrugmart.ca/summer, or see cashier for details.